

Your Retreat Reservation Includes:

**** Air fare not included.**

Transportation from the Liberia, Guanacaste airport is included. If you fly into San Jose, then you will need to arrange your own airport transportation both directions. All transportation during your retreat will be provided in a comfortable private van.

-3 healthy and locally sourced meals a day, a daily smoothie & light snack

-Water, ice, espresso, regular coffee and teas

-A professional Yoga & Breath Work instructor

-Intentionally thought out focus points for each day

-A private uniquely decorated Bungalow, an Italian espresso machine, hammocks, cotton luxury pillows & bedding, Aromas spa products for use throughout your stay, private patio with locally crafted wooden rockers, ceiling and floor fans, Many opening windows all with mosquito screens for airflow, refrigerator.

-Tap water which is spring water and filtered- it is very good and we provide you bottles in your refrigerator as requested. Ice upon request.

-Umbrellas, yoga mats and other yoga equipment provided

-Laundry service is offered one time free of charge per Bungalow during your stay

-Towels provided for the beach excursion & pool/jacuzzi

-Maid service provided daily to tidy up Bungalows, linens & towels are changed every 2 nights or as needed

-Covered Teak Jungle Deck

-Maintained Jungle Trail

-Jetted dipping pool & Warm in-ground jetted jacuzzi

-Shoe wash with towels

-Large veranda off of the reception for relaxing, gathering or bird watching

-Staffing at your service 24x7

**Additional charge: small selection of beer, wine by the bottle, colas, Italian sodas and sparking water. Snacks requested outside of daily schedule of meals.

Sueno Rio Celeste is blessed with a property that will provide you opportunities for bird watching naturally throughout your experience along with an abundance of floral and fauna such as monkey and sloth.

Our location on the continental divide between the Tenorio & Miravalles Volcanoes offers ample opportunities for us to support the natural habitat and the protection of wildlife. While not guaranteed, most of our guests do experience seeing some of this wildlife during their stay. We are an active and thriving jungle property with all that entails.