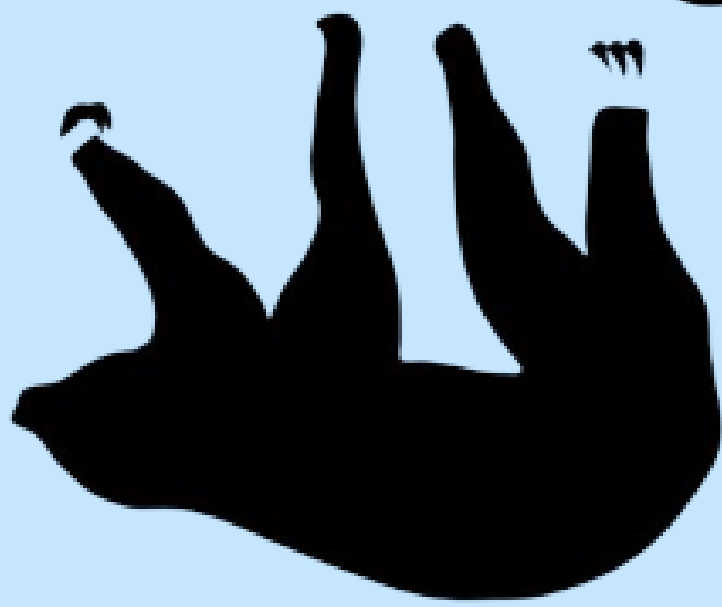


**WELCOME TO**

*Sueño Rio Celeste*



**HOTEL GUIDE**

[www.SuenoRioCeleste.com](http://www.SuenoRioCeleste.com)

# WI-FI ACCESS



**Network:  
Sueno Celeste**

**Password:  
SCbung1-8**

## **A message from the owners**

Thank you for considering our lovely bed & breakfast as you journey through Costa Rica!

On our first visit to the country we stayed at Sueño Rio Celeste and were overcome with a sense of tranquility and renewed energy! We hope your stay with us will leave you feeling rested and refreshed in order to take on the wonders of Costa Rica!

As you explore our property keep in mind that we are in a mountainous yet tropical rainforest that is full of life. You can expect some rain daily which helps to ensure our little piece of heaven is constantly vibrant, green and flourishing.

Temperatures can range from mid 60 to mid 80 degrees Fahrenheit.

One of the many wonders of being situated between the Tenorio and Miravalles Volcanos is cool temperatures and the constant movement of the weather. Bringing a rain jacket and light sweater or long sleeve shirt is advisable most of the year.

You will most assuredly hike and trek while staying with us and to help you restore your shoes to a clean state, we have a large "Shoe Wash" station at the front of the property and towels on your refrigerator for drying them when you return to your cabin.

We hope this guide will also assist you in organizing your activities during your visit. On our property we have a simple jungle trail that starts in front of the reception area and gives you a nice 10 minute walk to see the jungle from below.

Our Jungle is natural and can have frogs, lizards, snakes, sloths, monkeys, the occasional coati and many birds. While the trails are groomed it is a jungle and there can be live critters on the path or on vegetation. Please look before you walk or touch!

We also have a lovely jungle yoga/meditation deck for your enjoyment and a large rancho with dipping pool and in-ground jacuzzi. Spa services can be arranged in your room or on the yoga deck and in the near future, also in our new "Sueño Spa" Hut in front of the pool.

Be sure to check out our section on area Tours in the guide! There are many wonders to see in this region and we can assist you in narrowing down those that are best for you and help you reserve as needed. Most of the tours have a Facebook site or website so that you can check them out ahead of time.

In order to reserve a yoga class, spa service, tours or transportation, it is most efficient to do so ahead of your stay. Please email us at [SuenoCeleste@gmail.com](mailto:SuenoCeleste@gmail.com) or message us on WhatsApp at [+506 8713-7676](https://www.whatsapp.com/business/profile/50687137676) or call the hotel [+506 8713-7676](https://www.whatsapp.com/business/profile/50687137676)

It is our pleasure to serve you and we look forward to your stay with us!

**Marci & Bryant Hicks**



# HOTEL POLICIES



- **Check in** 2:00 pm **Check out:** 11:00 am
- **Breakfast** 7:00am - 8:30 am
- **Reception hours:** 7:00 am - 7:00 pm
- **Pool hours:** 10:00 am - 8:00p m
- **Jacuzzi hours:** 1:00 pm - 8:00 pm

**Must be 12 years & older (younger children by management discretion).**

- **Yoga Deck hours:** day break - 8:00pm
- **Front Gate** closes at 9:00 pm and opens at 5:45 am

**We are happy to accommodate your schedule, please advise us if you need to be out later than 9:00 pm\***

- Please **shower** in your room or at the pool before entering the pool/jacuzzi
- **No running, jumping or diving** in pool /jacuzzi area.
- **No climbing or sitting** on cables or rail on the Pura Vida Deck or Yoga Deck
- **Children are the sole responsibility of parents**, please accompany
- **Please don't leave open food in your room** - place in refrigerator - recycle bins across from Bodega, Bring organics to reception.

This is a **No-smoking** property

**After hours phone and WhatsApp**

**CR +506 8713 7676 USA +1 325 262 5720**

**Relax, be at peace and enjoy!**

**Many blessings for a wonderful adventure in Costa Rica!**

# LAUNDRY SERVICE

We know that traveling, especially in Costa Rica creates the need to launder and dry your clothes occasionally.

**Yu Laundry can help you!**

- The service includes washing, drying and folding of your clothes.
- It's preferred to bring your clothes during the morning, This way you can pick them up during the afternoon. If not, until next day.
- Considerar that it usually takes from 3 to 5 hours to complete all the laundry process (depending on the amount of clothes).
- **Rates**  
\$3 per Kg
- **CASH** only accepted (USD and Colones)
- **WhatsApp** +506 8602-6702
- Located 3Km away from the hotel..
- Pick up and drop off service is offered.



**Tap on icon to get directions**



# CLEAN WATER!

Our water comes from spring water on the Miravalles Volcano and it is filtered prior to delivery to our hotel, this means

**you can drink tap water!**

If you would like your water cold for your adventure for the day, please ask as **we keep cold water available for you water bottle at all times.**

We value protection and conservation of our environment and the animals within. Therefore, we kindly request you **to conserve as much water as possible.**

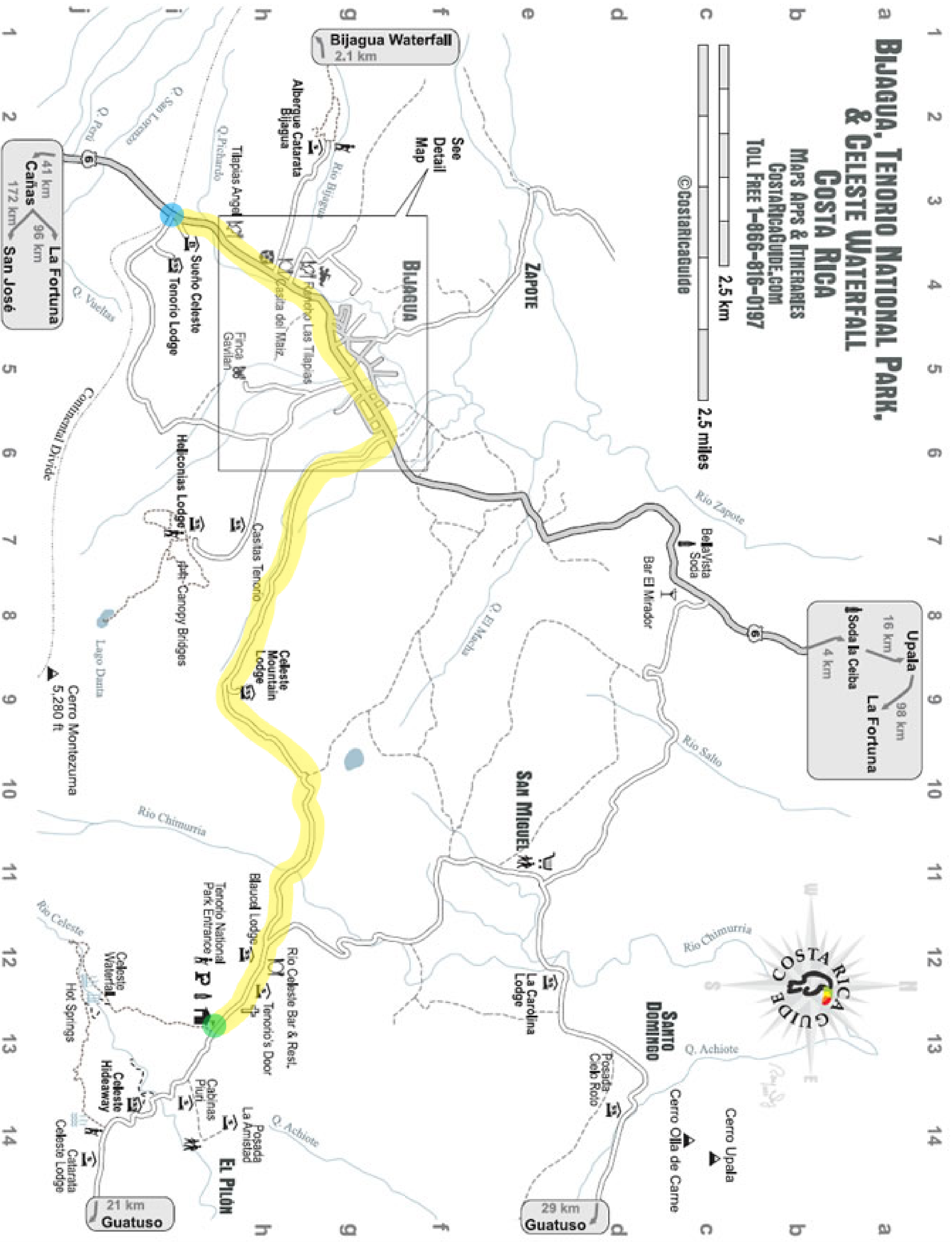
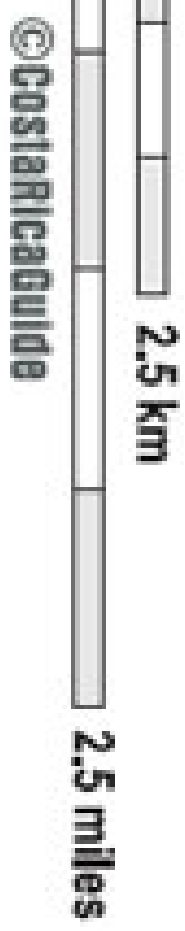
Please **utilize our recycle bins** at the top of the property and be conscious and aware of the delicate flora and fauna that surrounds you while at the hotel and in Costa Rica itself.





# a BIAGUA, TENORIO NATIONAL PARK, & CELESTE WATERFALL COSTA RICA

b MAPS APPS & ITINERARIES  
 COSTARICAGUIDE.COM  
 TOLL FREE 1-866-816-0197



Upala 10 km  
 Soda La Celba 4 km  
 La Fortuna 98 km

Cañas 41 km  
 San José 172 km

29 km  
 Guatuso

21 km  
 Guatuso

Cerro Montezuma  
 5,280 ft

# POLICIES

## POOL AND JACUZZI

- Pool hours 11:00am to 8:00 pm
- Jacuzzi hours 1:00pm to 8:00pm
- No running, jumping or diving
- Love scenes are forbidden
- No glass or food in the pool/jacuzzi area
- No lifeguard on duty, swim at your own risk
- Minors under the age of 13 must be accompanied by parents
- Please shower before entering

Jacuzzi is designed to be used in a calm manner for the enjoyment of guests of all ages.\*

## YOGA DECK

- From 6:00am to 8:00pm
- No running
- Love scenes are forbidden
- No food or alcohol
- No technological devices
- Minors under the age of 13 must be accompanied by parents
- Do not climb, swing or pull cables or railing
- Please remove shoes



# **HOTEL AMENITIES**

*Sueño Rio Celeste*





# ENJOY OUR AMENITIES!



**Pool, Jacuzzi and Rancho**



**Yoga deck**



**Jungle trail**



# JOIN US FOR BREAKFAST

**and some animal watching!**



We offer fresh fruit salad, homemade granola with nuts, oatmeal and honey, yogurt, eggs prepared your choice with coffee, orange juice or a smoothie; all with local and natural products! Also, we offer a special side each day.



# SUEÑO SPA

**We offer different options for you to enjoy and relax!**

Relaxing massage \$65 (1 hour)

Therapeutic massage \$70 (1 hour)

Combined techniques \$75 (1 hour)

Bamboo massage \$70 (1 hour)

Sciatic nerve massage \$65 (1 hour)

Facial exfoliation session \$40 (30min)

Children massage \$40 (30min)

Taxes included in price \*

**\*Jungle Deck experience additional \$30**



To schedule your appointment tap on icon





**Don't miss your  
daily work out!**



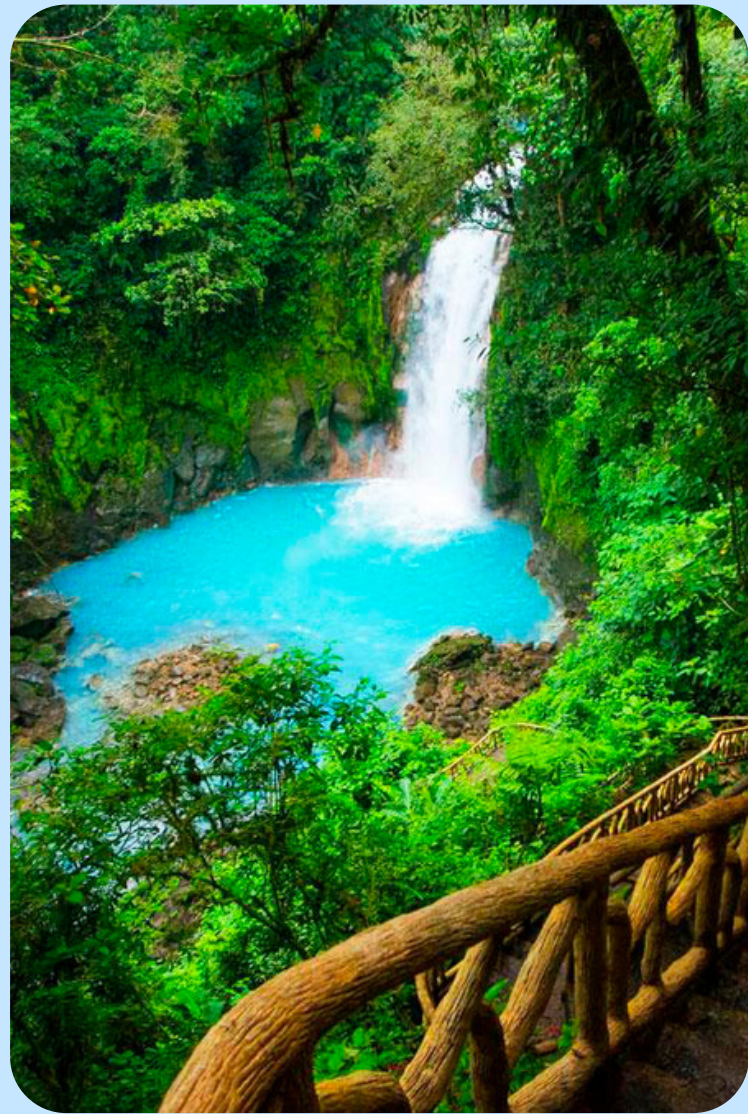
**For reservation or more information,  
in the reception**

**Tap logo for location**



# TOURS AND ATTRACTIONS

 Tap icon for more information

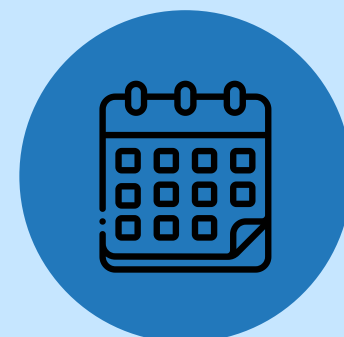


## Tenorio Volcano National Park

This park has a rainforest that protects species of wildlife of regional importance. The color of the Celeste River, surrounded by a lush forest, offers a stunning landscape worthy to be known and admired.

- Distance: 20min
- Contact: +506 2522-6500

**Reservations required prior entry**  
**Tap icon to make reservation.**

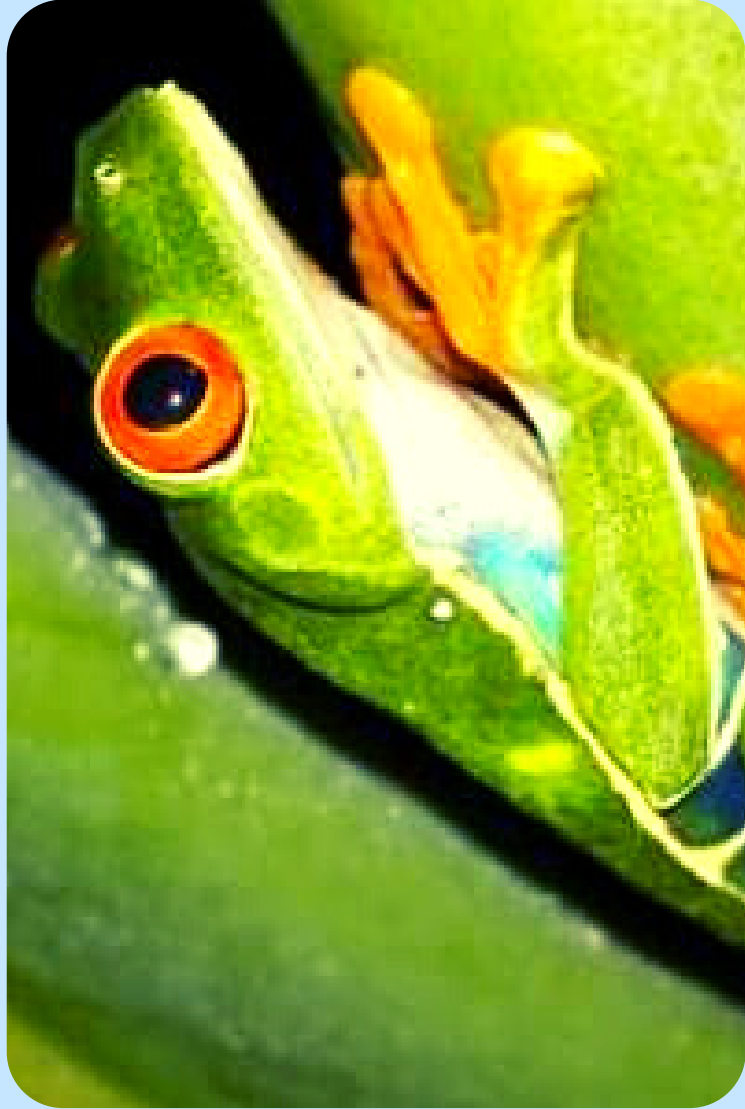


## Tree Chocolate Tour

In this farm, you will be able to see (and taste) step by step of how chocolate is made, from trees to finished chocolate bars.

- Distance: 25min
- **Reservation required. Please let us know if you would like to reserve, for how many and ages**





## Frog's Paradise



Frog's Paradise is the perfect option for nature lovers to enjoy many types of wildlife in their natural habitat.

- Distance: 5min
- Contact: +506 86347402



## Rio Celeste Horseback Riding Tour



This is a beautiful tour to visit Rio Celeste outside the National Park and without the park restrictions. It includes horse back riding and swimming in the river.

- Distance: 25min
- Contact: +506 8482-8415



## Rescue Center and Sanctuary Las Pumas



This is an area where animals that have been mistreated are rehabilitated. Many, unable to be released, remain in the place under professional care. You will have the opportunity to see many wild animals and other activities.

- Distance: 30min
- Contact: +506 8479-7025



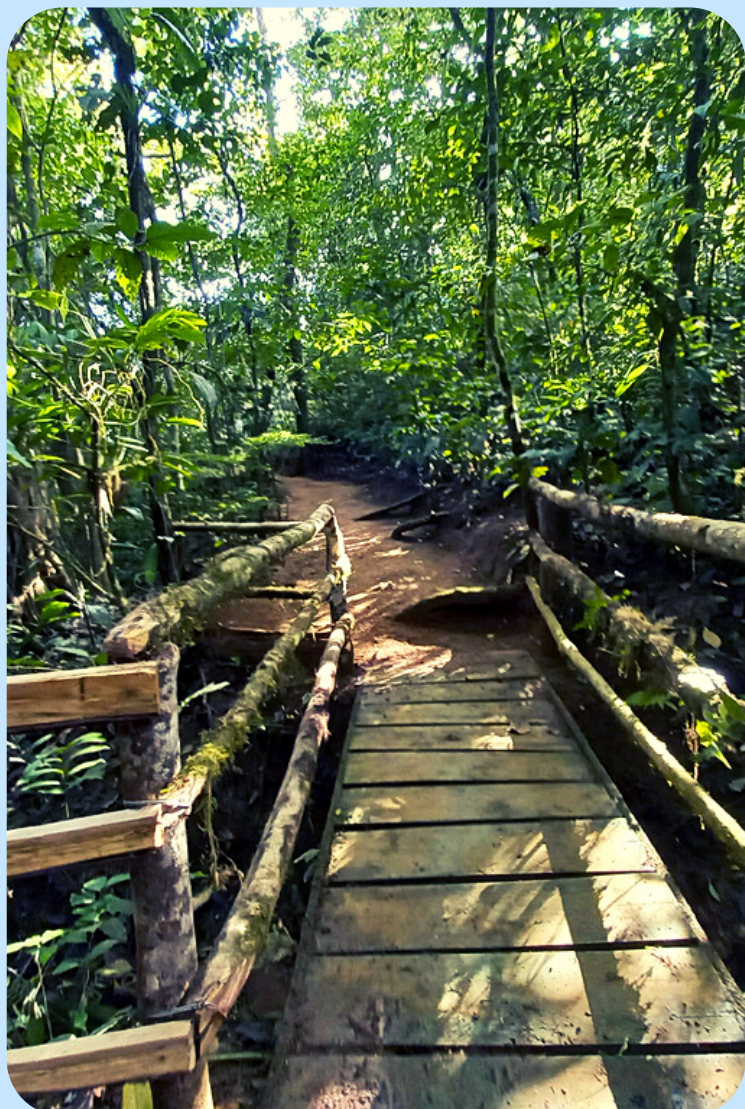


## Río Corobicí Rafting



If you are prepared for a huge adventure, you are surely ready for this. The Tenorio River will test your courage with its rapids class III and IV. More challenges await you as you plunge through twists, turns and drops down 8 miles of intense, challenging rapids.

- Distance: 30min
- **Reservation required. Please let us know if you would like to reserve, for how many and ages**

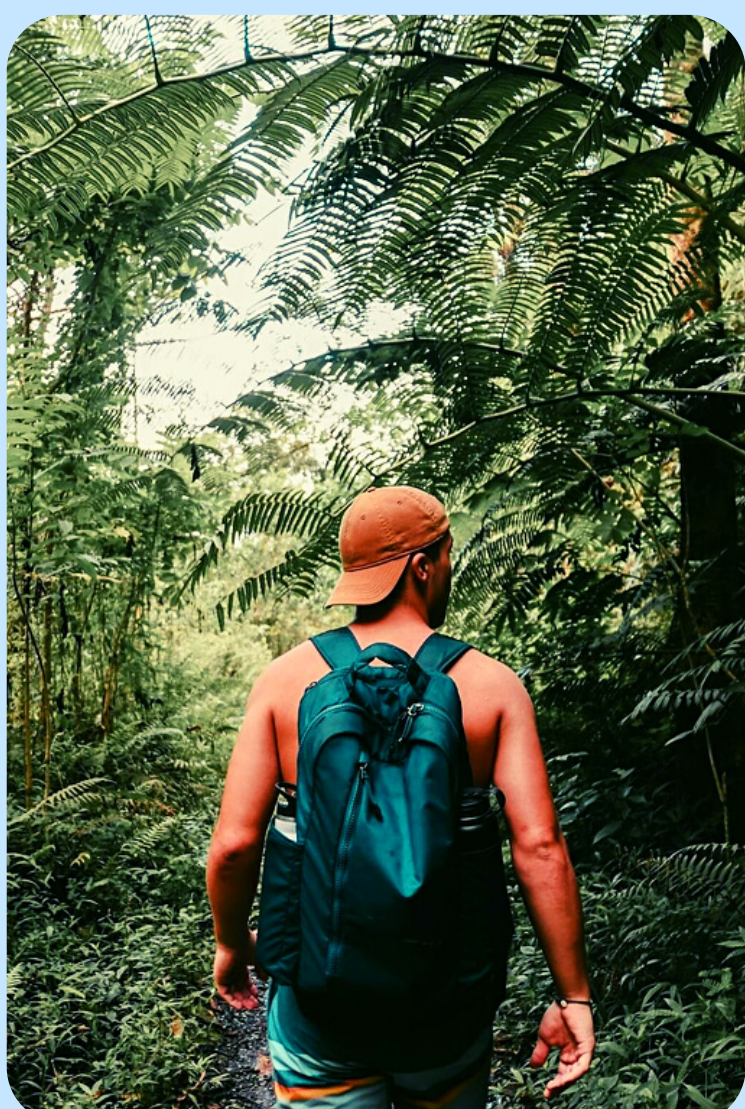


## Miravalles Mountain View



There is a wide range of fauna and flora to be observed, as well as a breathtaking view of the Tenorio and Miravalles volcanoes. Enjoy of a hanging bridge and trails.

- Distance: 10min
- Contact: +506 8427-0935



## Cañón de la Vieja



You can enjoy an incredible view of the Colorado River canyon's. Offers adventure activities such as canopy, tubing, horseback riding, climbing, volcanic mud, hot springs and more. **Full day experience with lunch\***

- Distance: 1h
- **Reservation required. Please let us know if you would like to reserve, for how many and ages**



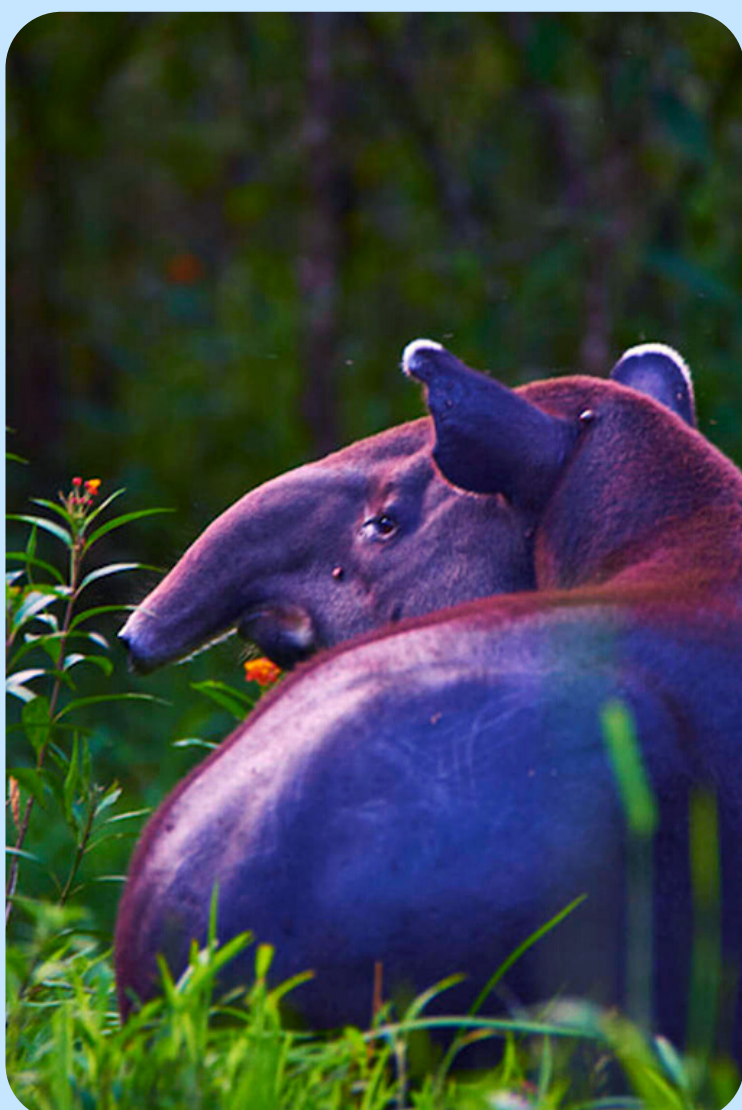


## Río Celeste Nature



Offer hiking, kayaking, night walk and tubing in Río Celeste. Also a Wildlife Safari Boat Tenorio excelent for bird watching!

- Distance: 20min
- **Reservation required. Please let us know if you would like to reserve, for how many and ages**



## Tapir Valley Natural Reserve



Perfect for day and night wildlife watching. Offer Birdwatching tours, Jungle night tour and more.

- Distance: 15min
- Contact: +506 8610-1608



## Cataratas Bijagua



Walk through the trails and enjoy the beautiful waterfalls, vegetation and animals.

- Distance: 8min
- Contact: +506 8517 0327





## Huella Verde Tenorio



Hike in the forest with a viewpoint overlooking the Tenorio Volcano. It also has views of Lake Nicaragua, the Miravalles volcano and a small part of the Nicoya peninsula. It includes lunch or sunset viewing with snacks.

- Distance: 15min
- **Reservation required. Please let us know if you would like to reserve, for how many and ages**



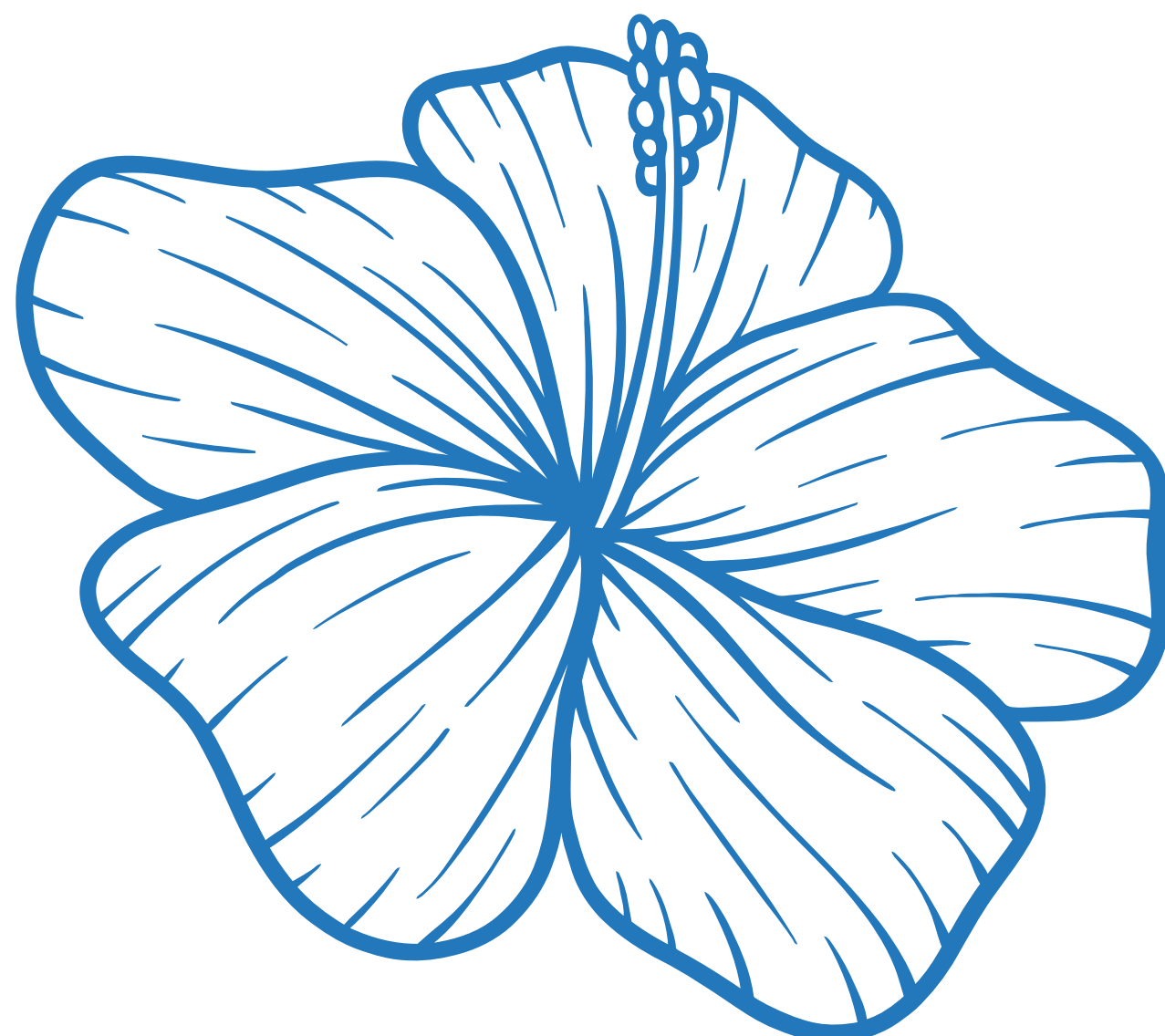
## Heliconias Rainforest



Enjoy the biodiversity of the tropical forest through a tour through the property trails. The trails includes a 2.5Km route that includes 3 hanging bridges.

Great for bird watching.

- Distance: 15min
- Contact: +506 8851 3627  
heliconiaslodge@gmail.com



# RESTAURANTS NEAR BY



 **Tap the icon for location**





**Blue River  
Brewery**



**Colors  
Brewing  
Company**



**La Choza  
del Maíz**



**Café  
Semilla**







## Poro Seafood



## Celeste Mountain Lodge

\*Must have Reservation



## ECOPORO Rainforest



## Pizzería El Barrigón







## Río Celeste Hideaway Kantala Restaurant



Great lunch option after a morning in the Tenorio National Park (no reservation needed) or nice fine dining for an evening out (reservation required)\*



## El Sabor de Doña Carmen

& Morpho Garden



## Tilapias Angel







# SHOP



**Liquid hand soap**

\$17.00

**Shower gel**

\$17.00

**Shower gel**

\$17.00

**Relax body lotion**

\$29.00



**Art souvenir**

\$10

Taxes included in price\*

# IN CASE OF EMERGENCY

Emergency center 911

Integral Emmanuel Clinic +506 2470-1085

San Erasmo Clinic +506 2470-1696

## Embassies and Consulates

Argentina +506 2234-6270

Austria +506 2220-2909

Belgium +506 2289-5058

Brazil +506 4800-1960

Canada +506 2242-4400

Denmark +506 8829-0075

France +506 2234-4210

Germany +506 2290-9091

Israel +506 2221-6444

Italy +506 2234-2326

Mexico +506 2257-0633

Netherlands +506 2221-4829

Spain +506 2222-1933

United Kingdom +506 2258-2025

United States +506 2519-2000